

SCHULICH FACULTY DEVELOPMENT

EDID WORKSHOP SERIES

HEALTH EQUITY THROUGH AN EXPERIENTIAL LENS

Workshop facilitated by: Sarita Naa Akuye Addy



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DATE: APRIL 30, 2026

TIME: 12:00PM – 1:30 PM

LOCATION: ZOOM

DESCRIPTION:

This session explores health equity through the lived experiences of people from equity-deserving communities and their interactions with health service providers. Drawing on real-world stories and practice-based examples, learners will examine where gaps emerge in care, communication, and decision-making, and how these gaps shape patient experiences and outcomes. The session equips participants with practical tools to recognize inequities, reflect on their own practice, and take concrete steps to bridge these gaps in everyday clinical and professional settings.

ABOUT THE SPEAKER:

Sarita Addy is the Director for Equity, Diversity, Inclusion and Belonging at St. Joseph's Health care London. In her role, she co-leads the EDIB Advisory Council and developed an EDIB framework. Alongside sustaining the work of equity and inclusion focused ERGs within the organization, the priorities of her role also include the alignment of the organization's EDIB work with provincial health equity frameworks, and collaboration with system partners and provincial health equity working groups.

Prior to working in this field within the health care space, she has been involved in advancing equity for various organizations through positions she held at the Canadian Centre for Diversity and Inclusion. Among other things, she led the development of strategic planning and design and development of the EDI learning sessions for the Canada-wide 50/30 Challenge offered to all participating organizations through the UN Global Compact Centre



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